JUST FOLLOW THE RULE

During all the years I worked with kids, I was able to create a harmonious relationship with each of those kids. I decided that the reason for this was that I always respectful to them and I used the 108 Respect Tools, Skills and Strategies.

One night I was wondering whether someone would really have to learn all of the 108 (that's the name for short) to be able to create harmony with the kids in their life, I was feeling discouraged. It seemed like an unlikely thing that someone would take on this task.

Even the 7 Steps to Harmony seemed like a lot for someone to take on. Even the children shortened this process. I thought about the step that I always emphasized called Eliminate. If someone doesn't like a possible solution, it is not considered a possibility.

Then I asked myself, 'what is the LEAST that someone has to know and do to be able to do what I can do, to create a respectful relationship with kids?' The rest is the story of the 1 Rule.

Tonight another aspect came to me, one that hasn't been discussed in any detail I think I've mentioned something about it, but I want to explore it. You don't have to know much about relating with kids in a harmonious way. You don't have to know how to speak with them. You don't have to know how to treat them. You don't have to know how to be fair, or respectful or kind. You just have to follow the Rule.

You don't even have to know how to introduce the 1 Rule to kids, though it can help. But even if you just say, "From now on, when we have any problems we are going to find solutions that we all like (or both like, if it is only you and a child)."

Then you only have to do it.

Why would you want to do this?

Personal Reasons:

You do not have to force kids to do things or not do things any more. That's a relief.

Your time and energy can go to what you like instead.

It is empowering to you to be able to solve problems with kids quickly and easily.

Benefitting Kids:

The 1 Rule is the streamlined, easily accessible system based on the Power of Respect. It was my second major revelation. The first was the Invisible Root Cause of the problems that develop between adults and kids. The 1 Rule is the perfect solution to that. Just using it prevents problems between adults and kids from developing.

(this was originally written on 11-11-21)